



## **THE INTERNATIONAL INSTITUT of FACE REFLEX & TEMPRANA THERAPY** **Lone Sorensen**

**The Internacional Institute of Face Reflex & Temprana Reflex therapy, Lone Sorensen SL, ([www.reflexologiafacial.es](http://www.reflexologiafacial.es); [www.temprana.org](http://www.temprana.org))** was established 32 years ago to teach and apply reflex therapies; face, foot and hand, laser therapy and anatomy.

In researching reflex therapy, Lone Sorensen has developed Face Reflex therapy, Neuro- Foot Reflex therapy and Temprana Reflex therapy Sorensensistem™, a variant of modern reflexology.

Face Reflex therapy has roots in ancient medicine from different cultures around the world and in modern neuro-anatomy knowledge.

The treatment stimulates neurological points according to precise body maps by applying manual pressure on the face. The impulses generated in this way reach in specific parts of the body.

A Sorensensistem™ face reflexology therapist education and qualification is one of the highest international qualifications a reflexologist can achieve for reflexology.

**Lone Sorensen** received in 2001 three Nobility Titles from the **O.M.H.S** for her work with reflex therapy in Argentina. At the moment, Lone Sorensen, teach her methods in England, Spain, Denmark, Sweden, Norway, Finland, Holland, Abu Dhabi/Dubai, USA, Australia, New Zealand, Canada, Mexico, Argentina and Japan.

The International Institute counts with 40 instructors special trained and 5 franchising partners of the international school around the world.

All courses are approved by the Spanish health ministry of Cataluña.

### **The institution has 3 departments:**

**Face Reflex therapy: Health- commune illness**

**Temprana Reflex Therapy: Rehabilitation**

**Cosmofacial therapy: Esthetical treatments**



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## ● **Face Reflex Therapy for commune health conditions-**

**Face Reflex therapy** Sorensensistem™ is a new generation holistic therapy. Its effectiveness is found in its ability to help encourage the individual's natural process.

This therapy uses specific Sorensensistem™ face reflex techniques to maintain the health and balance of the whole body. It consists of using precise stimulation of nerve reflex points and zones on the face and scalp, sometimes on their own and often in combinations to stimulate the brain using the nervous system to send impulses directly to affect corresponding specific parts of the body.

Face Reflex Therapy is technique based on the neuro-biochemical action that is caused by stimulating an area or a point, and which has both a general and /or partial effect in the entire organism.

Reflexology Sorensensistem™ "as a therapy to treat organic, CNS, muscle and bone symptoms, to regulate the metabolism / hormonal system and to activate the micro circulation, plus helping emotional symptoms. Obtaining effective results in many illnesses and dysfunctions of vital organs such as hormonal imbalances, neurological problems, brain injury, infertility etc,



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## ● **Temprana Reflex therapy for Rehabilitation-**

**Temprana Reflex Therapy** Sorensensistem™ **is** a combination of working face Reflex therapy with neuro-foot reflexology and neuro-hand reflexology.

It is a treatment that is unique to the world, in which ancient medicine, the knowledge and experience of the South American Indians and modern medicine unite to create a new therapeutic modality.

- Facial Reflex therapy**
- Neuro- Reflex therapy**
- Hand Reflex Therapy**
- Muscular Stimulation**
- **Brain Gym.**

Temprana Reflex Therapy can stimulate the brain function, CNS, organs, augment the blood circulation, regulate the body chemistry and improve the emotional state. At the same time, while performing the treatment, an analysis of the health state of the patient is obtained which allows carrying out a better and more effective recovery.

The International Institute of Face Reflexology & Temprana Reflex Therapy apply this treatment as very successfully rehabilitation method for babies, children and adult's suffering brain and neurological dysfunctions.



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- **Esthetical treatments-**

- **COSMOFACIAL Therapy Sorensensistem™**

- The benefits of the natural face treatment effect from Face Reflex therapy Sorensensistem™ have been tested and developed into a facial beauty treatment marketed as Cosmo Facial Sorensensistem™, which combines a natural cosmetic skin beauty treatment with some of Lone Sorensen's key face reflexology techniques.

- By stimulating the points and zones on the face to treat acne or other dysfunctions, apart from a beneficial action over health disorders, it is possible to achieve remarkable results all over the face.

- This is an innovative therapy of complete action over the face skin, of which properties can invert the ageing process. A unique holistic methodology called COSMOFACIAL & COSMO LIFT due to the connection of the human being with the energetic body, based on 32 years of experience of Lone Sorensen working on the face with Face Reflex therapy.

- After directly stimulating points, areas and muscles, this revolutionary therapy recovers the tone of the face in a very effective way, by a 100% pure and natural treatment.

- The objective of COSMOFACIAL & LIFT is making an initial diagnose in the face through Face Reflex therapy and a visual diagnose; Based on this, it is possible to plan a complete individual program of stimulation of points, zones, meridians, muscles and plexus, supporting the self healing system of the own body- getting fantastic results on the face.

# Face Reflex therapy and Tempna course

**Lone Sorensen** *Sorensensistem TM*

The method of **Face Reflex therapy** forms a complete treatment in its own right. It was devised by **Lone Sorensen**, a Danish Reflexologist who also has a background in acupuncture, cranio-sacral therapy and kinesiology. Lone Sorensen has been practicing and teaching reflex therapy for many years and introduced the therapy to Argentina, where she set up its first three training schools. Over more than 30 years, Lone has been developing **Face Reflex therapy**, which combines theory and traditional South American Indian practices with the stimulation of neurological points, to affect the whole body. It also draws on Vietnamese and Japanese techniques to create a powerful, integrated, holistic treatment system.

Through exploration of the facial zones, the body's primary energy imbalances may be detected. Treatment involves a range of techniques, including the stimulation of points and meridian zones, cranial points and zones, as well as combinations of specific nerve points, chosen from 564 identified points in the face.

Stimulation of the facial nerves provides a direct route to the brain. Face Reflexology works very quickly into the central nervous system has no contra-indications and is particularly beneficial for neurological disorders, including pain control.

Lone Sorensen continues to develop the therapy and has devised a range of additional techniques, including her highly regarded.

## **Some additional Face Reflex Therapy courses:**

**Treatment of Facial Paralyze / Face Reflex Therapy**

**Treatment of Spinal cord and lower back/ face Reflex Therapy**

**Hormonal Face Reflex therapy course /face Reflex Therapy**

**Treatment of visual conditions with Face Reflex therapy**

**Company service with Facial Reflexology/ FaceCorp**

**Treatment of consequence after stroke/ face Reflex Therapy: Special Face Reflex therapy course for treating after-effects of a brain haemorrhage or neurologic disorders (dementia, Parkinson's disease, etc.).**

**Face Reflex therapy postural therapy**

**Face Reflexology course for Mother and Baby care**

**Face Reflex therapy course for infertility treatment and treatment during pregnancy.**

**Face Reflex therapy for treatment of learning and behavior problems in children in school age.**

**COSMOFACIAL – FACIAL REFLEXOLOGY WITH AESTHETIC AIMS**

**Japanese COSMO LIFTING- anti – age/ anti wrinkle treatment**

**The courses and material are registered in Health Ministry of Cataluña, Spain:**

**Face Reflexology nº 0357E/1700/05**

**Temprana therapy nº 0357E/1700/05**

**Foot and Neuro Reflexology nº 0357E/708/06**

**Hand Reflexology nº 0357E/11091/06**

**Cosmofacial and Cosmobody nº 0357E/1193/06**

**Refresher courses nº 0357E/1192/06-**

**Danish Reg nº 14295/0059**

**Approved in England by:**

**-Association of Reflexologists (AoR) in England**

**-Federation for Holistic Therapists (FHT)**

**-Irish Reflexologists' Institute (IRI)**

**-Approved in the UK and Ireland by the British Association of Beauty Therapists and Cosmetology (BABTAC)"**

**Approved in USA by:**

**Co-sponsored by the North Carolina Reflexology Association and The Center for Healing Arts and NCBTMB**

**Lone Sorensen, P00124, is approved as a provider of continuing education of Facial Reflexology and Neuro-foot reflexology by the American Reflexology Certification Board.**

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