

# Japanese Cosmo Facelift

## -2 day course

**Japanese Cosmo Lifting** is a neuro-sensitive procedure manually performed in the face, with natural and organic products.

With **Japanese Cosmo Lifting** the face is shaped by lifting the facial tissues utilizing three methods. Creating a fresh and luminous look. By stimulating the acupressure points, ones physical and mental health are also improved.

**Japanese Cosmo Facelift** is appreciated by both men and women. The toning benefits are wonderful for all faces and the products Lone has created are a very no fuss, pure and basic product line. The only fragrance is the natural organic fragrance of the rosehip oil used to massage the face. This oil is wild-crafted for Lone, from the protected regions of Argentina's Rainforests.

**Japanese Cosmo Facelift** contains two masks.

- > first being a deep cleansing mask of pure white China clay.
- > second being a mask made of rosehip ash. This mask has similar properties to an enzyme mask due to the high concentration of natural occurring vitamin C.

Completing the facial, Lone Sorensen has created unique salt balls containing the essential minerals needed by the skin. The salt naturally cool, balances and reduces the pore size.

Lack of irrigation in cells occur while we age. This problem is very apparent in our facial skin due to the abundance of vessels and nerves. The technique is based on the concept of Traditional Chinese Medicine: of the human body being a net of irrigation channels where the harmonic flow of energy will provide health and beauty. By treating the points and zones of the face in combination with a methodology of lifting and lymphatic stimulation, the Japanese Cosmo Lifting offers benefits for ones health in both the skin and the body while achieving remarkable visible results of the entire face.



## **Course Content -1 day**

- Theory
- Acupressure point sequence
- Methodology of Dr.Wong for individual muscles
- Practice

## **2 day**

- Japanese lifting technique with lymph stimulation
- Theory of emotional relationship and expression and how to use Np points to change facial expression
- Theory of chemistry responsible for skin flaccidity
- Combination of neurological points for skin flaccidity, lack of tone and specific wrinkles.
- \_ Practice

