

**Facial Reflexology treatment for Stroke and neurological disorders.  
Additional therapy**

**Lone Sorensen in Copenhagen, Denmark  
A course about Stroke**

**Course venue:** Galenos center, Jagtvejen 111  
2200 Copenhagen N  
Latest day for registration: 14 days before the course.  
Course information: Lone Sorensen  
Sorensensisten@post.tele.dk

**The 8th and 9th of sep 2007  
10 am till 7 pm.**

**Stroke**

In Traditional Chinese Medicine, stroke was referred to as "zhong feng" or wind-stroke. The postulated pathogenesis was that the human body was invaded by "devil wind".

In 220 AD, were two types of wind-stroke documented in the "concise prescriptions from the Golden Casket" :

At that time, the acupuncture points were used in treatment for Closed syndrome with moxibustion for Collapsed syndrome. Dynasty after dynasty, the Chinese continued to use acupuncture and moxibustion for wind stroke syndrome. In reality, the number of the acupuncture points in the face and scalp had increased. One documentation in Ming Dynasty, listed the following acupuncture points for closed syndrome:

The course: Facial Reflexology treatment for Stroke and neurological disorders as additional therapy.

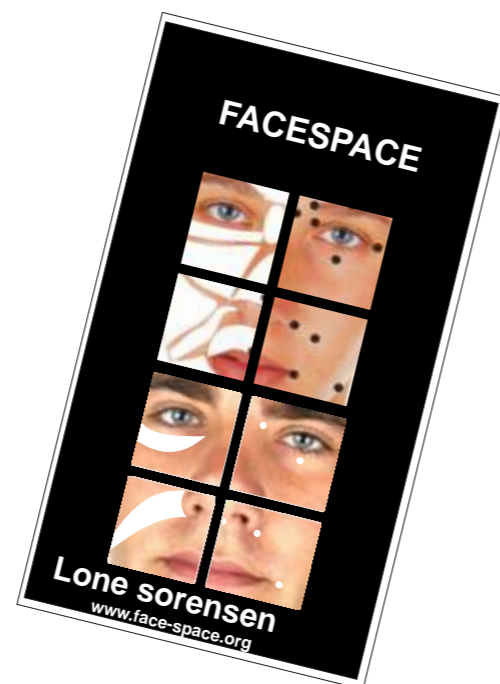
**FACESPACE new franchising open in Spain  
Facial reflexology sorensensistem**

**FACESPACE are a health and esthetic centers specialize in Facial Reflexology.**

**FACESPACE are offering treatments that bring health and esthetic together.**

**FACESPACE Is the most complete integration of health and beauty?**

**www.face-space.org**



**Important**  
Now you can pay your membership and the conference from the web-site [www.lonesorensen.com](http://www.lonesorensen.com)

**Welcome to GLOBAL FACIAL NETWORK 8th newsletter**



**On June 1st, 2nd and 3rd 2007 the III Convention of Complimentary Therapies were held in Barcelona, Spain.**

The objective of the Convention were to bring together professionals of Facial, Foot and Hand Reflexology, Traditional Chinese Medicine and other techniques of Complimentary Medicines from different European countries. Speakers from Denmark, Belgium, Spain, Sweden and Argentina came for the convention.



**The oldest facial reflexologist of the year  
Ofelia, 78 years old, from Monterrey in Mexico.**



The aim of Ofelia is to give her grandchildren facial reflexology, but also other children with needs in Monterrey.

We send all our best energy to Ofelia from Global Net Work.



The group of facial reflexologist of 2007 from the IMSI institute in Tokyo, Japan.

Keiko, translation and new instructor      Yukako, Chef instructor



The group of Cosmofacial in Tokyo 2007

Keiko, translation      Mai, new Cosmofacial instructor



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[www.globalfacial.com](http://www.globalfacial.com) / [www.lonesorensen.com](http://www.lonesorensen.com)

# INSOMNIA

Insomnia can be defined as any severe problem falling asleep or staying asleep. Insomnia is a rather common problem, affecting about 30% of all adults. Insomnia is more common among women and older adults but can occur in people of all ages and all social classes.

According to the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) primary insomnia is defined as a complaint of difficulty initiating and/or maintaining sleep or a non-restorative sleep for at least 1 month.

The definition of an international sleep medicine organization (Classification of Sleep Disorders-Revised ICSD-R) describes the term "psycho-physiological insomnia" as severe impairment of sleep with decreased functioning during wakefulness. Any sleep impairment longer than 6 months is regarded as a chronic problem.

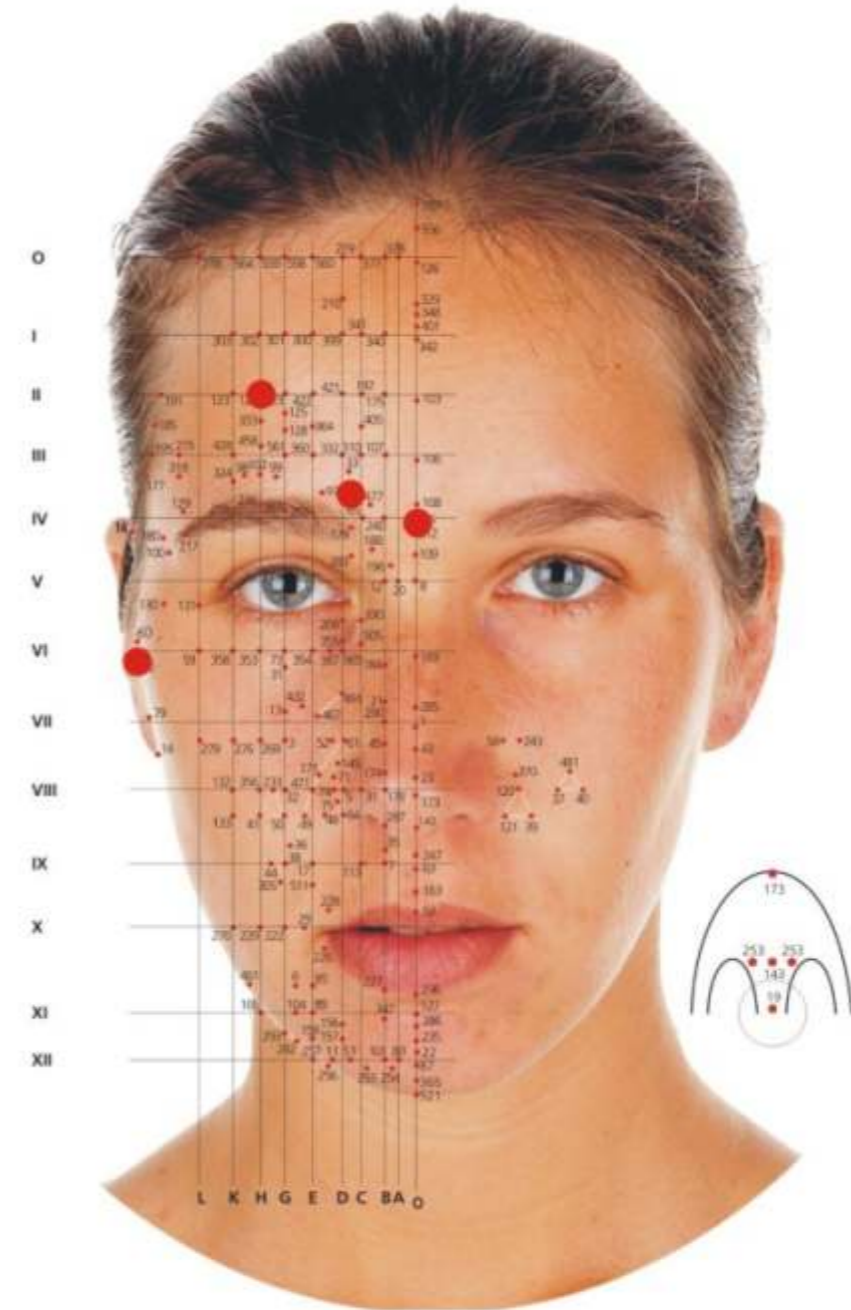
Insomnia has to be differentiated from circadian rhythm disorder (sleep periods or duration is not according to the local clock or usual time) parasomnias (behavioural events like sleepwalking or night terrors interfere with restorative sleep) secondary insomnia (medical and psychiatric problems are the source of the sleep problems).

Other sleep-related disorders like sleep apnoea with additional respiratory impairments or problems or extended sleep or tiredness like narcolepsy are classified in separate sections.

To evaluate the degree of impairment you have to consider the daytime consequences of the problem. Usually insomnia will cause fatigue during the day, with loss of concentration or trouble focusing on tasks. Sleep problems can also have an influence on the mood or psychosomatic complaints like hypertension. We know that different factors can contribute to insomnia including psychological issues or psychiatric disorders, environmental factors, stress or medical disorders. Alcohol and even some drugs can also cause chronic sleeping problems.

Short periods with disturbed sleep for a night or two usually do not cause any severe problems. But if it affects daily functions and lasts for weeks, months or even years you should consider professional help.

# INSOMNIA



Points: 124, 34, 26, 0

N. Points to use for INSOMNIA after the 7 steps. It is useful to stimulate with the plexus balancing to, Solar plexus with the ST NP point.